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Hope Has a Home.™

Abraham J. Twerski, M.D.  
Founder and Medical Director Emeritus

January 24, '10

Although it is my policy not to give endorsements, I must make an exception in the case of the Guard Your Eyes website.

I doubt that at any time in our history has there been as grave a threat to the morality of our people and to the stability of the Jewish family as the plague of addiction to internet pornography. I vaguely recall reading that before the Ultimate Redemption, Hashem will remove all restraints from the Satan, and I think that the plague of addiction to pornography is the fulfillment of this prediction.

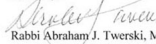
If it were possible to restrict access to the internet, this would be ideal. Unfortunately, this cannot be achieved, and we must deal with reality.

There is no immunity to this problem. It has affected young and old, men and women, and even learned and otherwise Torah-observant people, who have been trapped in the addiction.

I try to contribute to this website, because it is virtually the only effective method available. I am aware of a number of cases who were rescued from this destructive addiction by this website, which provides support and guidance.

The "Guard Your Eyes" website is saving lives and families. Much more can be done to extend this invaluable program, but support is necessary to allow its continuing function and expansion. Supporting this life-saving cause is a great mitzvah.

Sincerely,

  
Rabbi Abraham J. Twerski, MD  
Founder, Medical Director Emeritus

Gateway Rehab Executive Offices - Robinson Plaza Three, Suite 430 - 4600 Steubenville Pike - Route 60 and Park Manor Drive - Pittsburgh, PA 15205  
p:412.766.8700 - f:412.747.9398 - www.gatewayrehab.org

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**Guardyoureyes.org**

Maintaining Moral Purity in Today's World

B"H

January 2011 / Shvat 5771

## A Letter from the Trustees of the Guard Your Eyes Organization

Dear Friends,

Over the last few months we have become acquainted with the very important and critical work being done by the Guard Your Eyes organization ([www.guardyoureyes.org](http://www.guardyoureyes.org)). This organization has been relatively unknown until recently, but with the expansion of its efforts and proven success, it is becoming known throughout the Jewish world today as a critical resource for dealing with the growing problem of pornographic addiction and related behaviors in our communities.

Fueled mainly by the accessibility and anonymity of the Internet, this affliction has spared no class of Jews: from teenagers to kollel members, from office workers to Rabbis, and from single to married men. Many of the social ills afflicting the Jewish community today such as youth-at-risk, broken marriages and even child abuse and molestation can be traced back to this issue. Much of the Jewish community's investment and efforts in education today are being undermined by the strong-pull of these temptations.

The Guard Your Eyes organization has undertaken to stem this tide by utilizing methods which have proved successful in treating other addictions. They have successfully helped wear over a thousand Jews from these destructive behaviors and have helped return them to normal life. Guard Your Eyes also performs a vital function in preventing the spread of this scourge by raising public awareness of its dangers and by offering effective preventive measures to the general Jewish public.

The materials and tools that this program utilizes have been praised by Gedolim and experts alike for their methodology and approach, and they conform to the highest standards of Torah values.

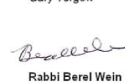
We believe this project is critical to the hatzlacha of the Kedusha of Klal Yisrael and is the only weapon we have at our disposal in dealing with this widespread problem. It is an international project, which can help thousands of Jews across the world and all across the religious spectrum.

We strongly urge you to join us in helping support the wonderful work being done by Guard Your Eyes.

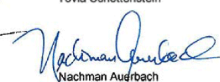
  
Gary Torgow

  
Gedaliah Weinberger

  
Tovia Schottenstein

  
Rabbi Berel Wein

  
Avraham Wolfson

  
Nachman Auerbach

  
Shmuel Yossef Reider

  
Moshe Vesh

  
Frank Menlo

  
Sol Goldner

Guard Your Eyes Organization (Legal Name: GYE Corp.), Tax ID #27-1505885  
P.O. Box 32380, Pikesville, MD 21282 / E-Mail: [eyes.guard@gmail.com](mailto:eyes.guard@gmail.com) / Office: 646-6008100  
GYE is a recognized 501(c)(3) organization and donations are tax deductible.

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Handwritten signature: *Handwritten signature*

RAV SHLOMO ELIYAHU MILLER  
Rosh Kollel of the Kollel Avreichim Institute, Toronto

אדר א' תשע"א  
February 2011



Dear Menahalim and Mechanchim,

At a meeting of the Vaad Roshei Yeshiva of Torah Umesorah, a presentation was delivered by an organization called Guard Your Eyes. We are writing to you based on the Vaad's **התקצות** and recommendation.

The Guard Your Eyes (GYE) organization specializes in the treatment and prevention of obstacles facing today's morality. GYE was founded three years ago with the help of Rabbi Dr. Avraham Twersky. They have since assisted approximately 1,000 Jews in breaking free from addictions to inappropriate material on the internet and other related activities. GYE is also offering practical solutions and help to our schools as well.

Torah Umesorah is therefore recommending to you the following GYE resources, to help meet the challenges encountered in our homes and schools:

- 1) **The new GYE support Hotline** - Manned by trained professionals to serve our schools and communities, this hotline is ideal for mechamcham and parents: **646-600-8100**. Please make the number available to those who might make use of it.
- 2) **GYE Prevention Tips for Parents** – Awareness, tips and practical advice on dealing with digital dangers in today's world. You may wish to publicize this pamphlet to your parent body.
- 3) **The GYE Handbook** – An invaluable resource to be used when encountering talmidim who are struggling with issues of mechamcham. We encourage the schools to make the "GYE Handbook" available to every Minshalel and/or Rebbe.

Those receiving this letter via email, please find the attached "Prevention Tips for Parents" and the "GYE Handbook" for easy printing. Those receiving this letter via fax, you may request that these documents be sent to you via email by writing to [info@torah-umesorah.org](mailto:info@torah-umesorah.org)

**PLEASE NOTE:** The GYE material is not meant for children. It is intended only for mechanchim and parents.

May your efforts bring us to the fulfillment of וְהִתְקַדְּשֵׁתֶם וְהִיִּיתֶם קְדוֹשִׁים

כא דרגם תוים ו'ן

Rav Avrohom C. Levin  
Yoshev Bosh, Vaad Roshei Yeshiva

2/2/20

Rabbi Dovid Nojowitz  
Menahel


1090 Coney Island Avenue ~ Brooklyn, NY 11230 ~ Phone: 212-227-1000 ~ Fax: 212-406-6934

הרב דוב בערל וויין  
שדרות בן מימון 15, ירושלים 92262

3 Adar I 5771  
7 February 2011

Our current general society is unfortunately afflicted with many types of addictive behavior. We are all aware that there are many organizations and specialists that treat these types of addictions. Due to the rise of the computer and the internet, the ability to use pornography has created an addiction to viewing. In the Jewish world, which is in no way immune from any of the problems that affect all human society, addiction to pornography is a problem that has had tragic consequences for many individuals and their families. As such the organization, Guard Your Eyes – an organization developed to treat such an addiction amongst the Jewish society – has an important role to fulfill in Jewish home life. Its methods of countering this addiction have proven to be effective and successful and long lasting.

Because of all of the above I encourage all to help support this organization and to allow it to continue and expand its necessary service within our own society. I know personally the persons involved in the work of this organization and I can attest to their skills in this area and their devotion to the cause of the sanctity of Jewish family life. Any help and support extended to this organization will be most appreciated.

With Torah greetings, I remain,  
  
 Berel Wein  
 Rav, Beit Knesset HaNassi, Jerusalem  
 Director, Destiny Foundation

Harav Binjamin Eisenberger

Cong. Heichal Hatfilah  
1448 56th Street  
Brooklyn, New York 11219

בנימין א. אייזענבערגער

רב דק"ק  
היכל התפילה  
ברוקלין נ.י.

ה"עו"פ

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Rabbi Simcha Feuerman, LCSW-R  
147-32 69th Road 1262 46th Street  
Kew Gardens Hills, NY 11367 Brooklyn, NY 11219  
(718) 793-1376  
Simcha\_Chaya@excite.com

Dear Friends,

The Gemara in Kiddushin (30b) tells us, "The desire to commit sin overpowers a person on a daily basis, and if not for divine assistance it would be insurmountable." This idea is echoed by 'Step 2' of the Twelve Steps which states, "We came to believe that a Power greater than ourselves could restore us to sanity."

For individuals suffering from various forms of compulsive sexual behavior and/or internet addictions, Guard Your Eyes serves as an important source of support, guidance and strength. They use methods, features, services and tools that are uniquely adapted to the many different levels of the struggle / addiction including live and phone-based 12 Step groups.

On their website and forums, you will see the variety of clients they serve, and their balanced and sensitive approach in helping people who express a desire to live in accordance with halachic and Torah principles.

Sincerely,

*Simcha Feuerman*

Rabbi Simcha Feuerman, LCSW

Rabbi Y. Y. Rosenfeld  
30 Ashel Lane  
Monsey, N.Y. 10952  
Tel. 914 356-7934  
845

ישיבת יצחק ראזענפעלד  
פ"ד  
בבית דורא שבעת הנוי  
מאנסי נ"י.

ב"ה

כ"ו אדר א' תש"א / פ"ק

הנני קצר / לנודע, להמחזק שמועצת ג.י.ע.  
למטרתם / לצור / אשמש / לא יבוא קרובת האינטרנט.  
ונק / אותן / לנכד נפא קרובת האינטרנט ונכד  
אדוקין קו / חלק ברע שגו האיך / לנודע / מזה, ונכד  
עצמו / אנשים הרבה שותמ. וידם פשוטה / לצור  
לכל הירוצה עצמה, ונכל היא קצווס שם.  
וקדקתי / וראיתי החומר שלי, קסיון רק,  
לכוא מוסד על דרך העורר / להרדוג קרובה קיטיאל,  
וראיתי בצולותיהן שהם עושים (שם שמים) ורואים  
הריה סיעתה דמטיא דעצולותיהן  
ע"כ מ' שניין עצמה יתקשר אליהן, ודע' יצו' ר'  
האיך / לנכל מיעד האינטרנט שמתנה / שמועצת ישיבת רחל  
גשי' יתן / לנס מצ' / להמשיך דעצולותיהם האדוקים  
ומקנה רבה היא לכל המסייעים / למוסד קנ"ל שזכאו / להמשיך  
דעצולותיהם האדוקים כי ה' צאזת ק' עוזין / אליהם,  
לנו מנפס ששי' י' חלק / אותנו מיעד  
האומא. ונכד / עקדו בקרובה וטרה, עקצ' קדא  
אל' / צחק ראמאכאז

IGGUD MENAHALEI  
YESHIVOS



SERVICING THE CROWN  
HEIGHTS COMMUNITY

ד"ר

## INTERNET POLICY

OF

OHOLEI TORAH, UNITED LUBAVITCH YESHIVOS, BEIS RIVKAH ELEMENTARY,  
MESIVTA OHOLEI TORAH, MESIVTA CHOVEVEI TORAH

Dear Parents, שיחיו

We very strongly urge you that your children should not have access to the internet.

Even with supervised access, even with just e-mail, even with a filter, the web poses a significant threat to basic Yiras Shomayim. Unwittingly the child is exposed to the most inappropriate scenes and ideas. This isn't a distant possibility; it's a definite unavoidable occurrence.

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If you must have internet, under no circumstances should there be access without the safeguards of a filter and reporting software.

To become acquainted with the various protections, we are enclosing "Prevention Tips" published by 'Guard Your Eyes'. This organization is under the auspices of Rabbi Dr. Abraham Twersky and other respected personalities.

Sincerely yours,

Rabbi Hershel Lustig    Rabbi Leibel Newman    Rabbi Yosef Simpson  
Rabbi Zushe Wilhelm    Rabbi Menachem Minsky